

PREPARED FOR A VETERINARY VISIT

Nutrition & Wellness Report

PATIENT

Biscuit

Neutered · Male · Labrador Retriever · 4y · Adult

CURRENT WEIGHT 85.0 lbs goal 70.8–77.3 lbs	BODY CONDITION Overweight BCS 6–7 of 9	DAILY ENERGY (DER) 944 kcal / day	CURRENT FOOD Cesar · Classic Loaf in Sauce Turkey Wet Dog Food
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Logged by Sample Owner in KibbleLab · sample-report@kibblelab.com

Compiled by **KibbleLab** from Biscuit's owner-entered logs and our food database. Energy targets follow the National Research Council's *Nutrient Requirements of Dogs and Cats* (2006) and AAHA guidance. Food-sensitivity findings are worked out from Biscuit's own food trials. A summary to support your veterinarian's judgment, not a medical record or diagnosis.

Veterinary feedback welcome at vets@kibblelab.com

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Biscuit is a 4-year-old neutered male Labrador Retriever (adult). His owner-assessed body condition is overweight (BCS 6–7 on the 1 to 9 scale, where 5 is ideal). Down from 92.0 to 85.0 lbs over the past 5 months, he is working toward a 70.8–77.3 lbs goal.

He is currently fed **Cesar · Classic Loaf in Sauce Turkey Wet Dog Food** (Wet food), currently logged in KibbleLab. His estimated energy need is about 944 kcal per day, calculated at the goal weight to support gradual, healthy weight loss.

Across 6 completed food trials logged in KibbleLab, Fish is a confirmed trigger. All 4 foods that didn't work contained Fish (Anchovy, Herring, Pilchard, Salmon, Sardine, Whitefish); none of the 2 foods that worked did. The owner is currently avoiding Fish.

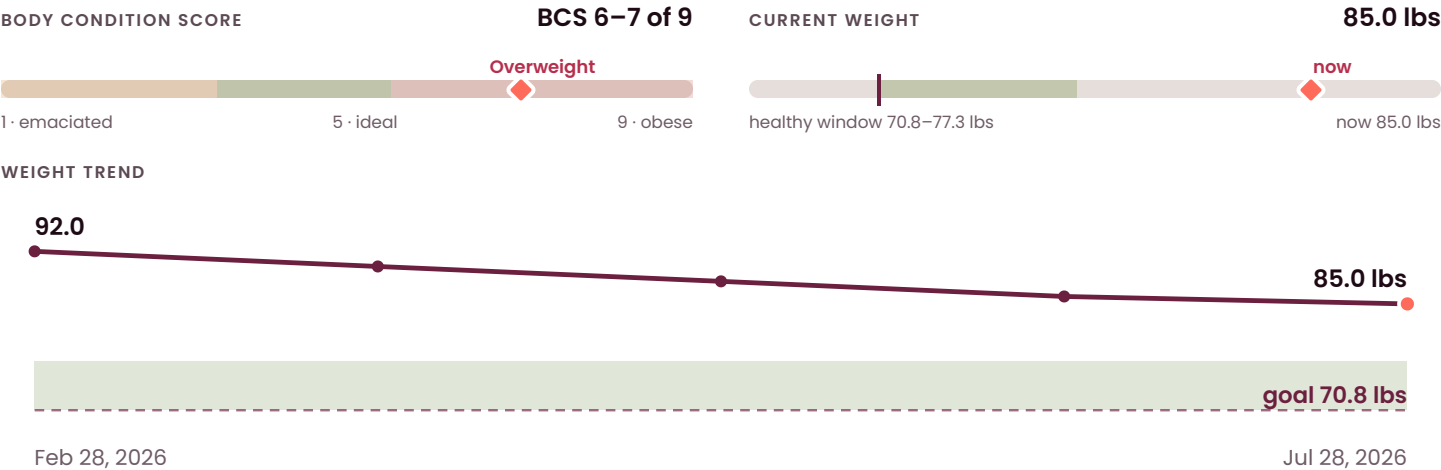
OWNER NOTES

Biscuit breaks out itching and gets loose stools within a day or two of any food with fish, so we keep him off it completely. He's been great on the turkey food, and we're bringing his weight down slowly.

◆ BODY CONDITION & WEIGHT

Owner-reported

Biscuit is carrying extra weight (overweight, BCS 6–7); reaching the 70.8–77.3 lbs goal would move him toward an ideal body condition. Recent weigh-ins show steady progress in that direction.



How this goal range was estimated. This 70.8–77.3 lbs goal wasn't entered by you or set by a vet; it's estimated from Biscuit's current weight (85.0 lbs) and owner-assessed body condition (Overweight, BCS 6–7, where 5 is ideal). On the 9-point BCS scale, each point off the ideal is roughly 10% off ideal weight; dividing that out gives an estimated ideal weight of 70.8 lbs (the low end), with 77.3 lbs as a gentler first target. We show a range rather than a single number because a body-condition read is only accurate to about a point. Please set or confirm a target with your veterinarian.

◆ ENERGY & FEEDING PLAN

DER = RER × factor · NRC 2006 / AAHA

This is a weight-loss ration: rather than adding an activity factor, it feeds resting energy (RER) at the goal weight (a deliberately conservative starting deficit). A starting estimate for your veterinarian to fine-tune.

DAILY ENERGY REQUIREMENT (DER)

944 kcal

RER (Resting Energy Requirement)

944 kcal

70 × (70.8 lbs = 32.1 kg)^{0.75} · at goal weight

DAILY PORTION

Cesar · Classic Loaf in Sauce Turkey Wet Dog Food

≈ 10.5 trays / day

≈ 37.0 oz / day

DER factor

weight-loss plan

×1.0

Daily energy requirement (DER)944 kcal

Daily target (944 kcal) ÷ this food's energy (900 kcal/kg, 90 kcal/tray). Cup sizes vary between foods, so weigh portions when you can.

Portions cover the pet's main food only, not treats or other extras.

◆ CURRENT FOOD

From KibbleLab's food database

Cesar · Classic Loaf in Sauce Turkey Wet Dog Food

Wet food · Fed since Jun 16, 2026

AAFCO ADEQUACY

Complete and balanced for Maintenance · Formulation
"Our gourmet wet dog food uses ingredients formulated to meet nutritional levels established by the AAFCO dog food nutrient profiles for maintenance."

ENERGY DENSITY

900 kcal/kg

MANUFACTURER

Meets WSAVA's recommended criteria for selecting a pet food (qualified nutritionist on staff, feeding trials, published research).

RECALL CHECK

No U.S. FDA recalls on file.

GUARANTEED ANALYSIS · dry-matter basis at 82% moisture

NUTRIENT	GUARANTEE	AS FED	DRY MATTER
Crude fat	Min	4 %	22.2%
Crude fiber	Max	1 %	5.6%
Crude protein	Min	8.5 %	47.2%
Moisture	Max	82 %	—

Guaranteed values are label minimums and maximums, not actual averages. For precise targets, ask the manufacturer for the typical analysis per 1,000 kcal.

◆ FOOD SENSITIVITY

6 trials completed

Worked out from Biscuit's own trials of commercial pet foods, this is a strong hypothesis rather than a diagnosis. Confirm any diet change with your veterinarian.

How to read this: these findings come from trials of everyday commercial pet foods, not a controlled single-protein elimination diet. KibbleLab compares the ingredients in the foods that worked against those that didn't, grouped into families like fish or poultry, to find what sets them apart. True food allergies are uncommon, and itchy skin or digestive upset often has other causes, so a vet-supervised elimination diet remains the definitive test.

THE COMPARISON WE'RE MAKING

Every ingredient, sorted into ingredient families, then we look for what the foods that didn't work share that the ones that worked don't.

DIDN'T WORK (4)

Salmon Recipe Creamy Treats

Fish · salmon

Complete Health Grain Free Indoor Salmon & Herring Recipe Dry Cat Food

Fish · herring, salmon, whitefish

Legumes · chickpea, pea

ⓘ Might also contain Poultry, Red Meat, Shellfish, Soy (a vague label ingredient, chondroitin sulfate, glucosamine, mixed tocopherol, could be hiding it)

WORKED (2)

Restricted Diet Bland Chicken and Rice Wet Dog Food

Grains · rice

Poultry · chicken

Beef Broth Buddy Budder Treat

Legumes · peanut

Red Meat · beef

Adult Health Anchovy, Sardine & Salmon Meal Recipe Dry Dog Food

Fish · anchovy, pilchard, salmon, sardine

Grains · oat, rice

?

Might also contain Legumes, Soy (a vague label ingredient, mixed tocopherol, could be hiding it)

Salmon Recipe Creamy Treats

Fish · salmon

- Fish

Owner-confirmed trigger

Found in 4 of 4 foods that didn't work (anchovy, herring, pilchard, salmon, sardine, whitefish) , and 0 of 2 foods that worked .
- Grains

Still narrowing it down

Found in 1 of 4 foods that didn't work (oat, rice) , and 1 of 2 foods that worked (rice) .
- Legumes

Still narrowing it down

Found in 1 of 4 foods that didn't work (chickpea, pea) , and 1 of 2 foods that worked (peanut) .
- Poultry

So far, so good

Found in 0 of 4 foods that didn't work , and 1 of 2 foods that worked (chicken) .
- Red Meat

So far, so good

Found in 0 of 4 foods that didn't work , and 1 of 2 foods that worked (beef) .

OWNER-FLAGGED INGREDIENTS TO AVOID

Fish · Noticed reaction

DIET HISTORY

last 12 months

Foods Biscuit has been fed over the past 12 months (7 on record), with the owner's logged outcome for each.

FOOD	TYPE	DATES	OUTCOME	SYMPTOMS / REASON
Cesar · Classic Loaf in Sauce Turkey Wet Dog Food	Wet	Since Jun 16, 2026	—	
Churu · Salmon Recipe Creamy Treats	Treat	Jun 2 – Jun 9, 2026	Didn't work	Peaks: Day 6 Itching scratching, Loose stools, Skin redness
Holistic Select · Adult Health Anchovy, Sardine & Salmon Meal Recipe Dry Dog Food	Dry	Mar 31 – May 26, 2026	Didn't work	Peaks: Day 54 Itching scratching, Loose stools, Skin redness
Bark Bistro · Beef Broth Buddy Budder Treat	Treat	Jan 31 – Mar 28, 2026	Worked	
Wellness · Complete Health Grain Free Indoor Salmon & Herring Recipe Dry Cat Food	Dry	Dec 3, 2025 – Jan 28, 2026	Didn't work	Peaks: Day 54 Itching scratching, Loose stools, Skin redness
Dave's Pet Food · Restricted Diet Bland Chicken and Rice Wet Dog Food	Wet	Oct 5 – Nov 30, 2025	Worked	

FOOD	TYPE	DATES	OUTCOME	SYMPTOMS / REASON
Churu · Salmon Recipe Creamy Treats	Treat	Aug 7 – Oct 2, 2025	Didn't work	Peaks: Day 54 Itching scratching, Loose stools, Skin redness

◆ VET VISITS (OWNER-RECORDED)

The owner's summary of past visits

Jun 23, 2026 Follow up	86.0 lbs
Itching and stools much improved since removing fish. Weight trending down toward target.	
Aug 2, 2025 Sick	92.0 lbs
Recurrent itching and intermittent loose stools; food sensitivity suspected. Body condition slightly over ideal. Diet change recommended: Structured elimination trials to identify the offending protein, plus a gradual weight-reduction plan toward an ideal weight.	

◆ METHODS & STANDARDS

How this report is built

Energy Resting Energy Requirement (RER) from the NRC (2006) equation $70 \times (\text{body-weight kg})^{0.75}$, multiplied by an AAHA life-stage and activity factor to give the Daily Energy Requirement (DER).	Weight goal A clinic- or owner-set target is shown as the exact number. With none set, KibbleLab estimates an ideal-weight range from current weight and body condition (each BCS point away from the ideal 5/9 $\approx$ 10% off ideal), capped at a 20% change.
Nutritional adequacy Read from the manufacturer's AAFCO statement, including the substantiation method (feeding trial or formulation) where published.	Recalls Screened against U.S. FDA recall records.
Food sensitivity From the owner's structured trials of commercial pet foods (elimination and rechallenge), comparing ingredient families across what worked and what didn't. A vet-supervised elimination diet remains the definitive test.	

Not used: saliva, blood, or hair "food intolerance" tests. Independent studies have found these unreliable, so KibbleLab does not use them. Everything here is owner-reported observation and label or database fact; the report supports, and does not replace, a veterinarian's examination and diagnosis.

FOR THE VETERINARY TEAM

We design these reports with veterinary teams in mind, and we're still improving them. If a section would be more useful in a different form, or there's a detail you'd want us to add, we'd genuinely like to hear it. Write to vets@kibblelab.com, or see how these reports are put together at kibblelab.com/for-vets.